



Albert Park Osjar Cambodia Expedition

2 WEEK EXPEDITION

WHO: Albert Park Students

WHEN: September 2026

WHERE: Cambodia

ACCOMMODATION: Camps (traditional style longhouses) & Hotels

****PLEASE NOTE** – This is a **SAMPLE** itinerary and the order of camps and project work you take part in may change. Final itineraries will be distributed nearer your departure.



DAY 1: ARRIVAL IN SIEM REAP

- Morning:** Arrive in Siem Reap and meet your Camps International crew.
- Afternoon:** Transfer to Camp Beng Mealea (approx. 1.5 hrs) and settle in.
- Evening:** Explore the local community before relaxing at camp and getting a good night's sleep.



DAY 2 & 3: COMMUNITY PROJECTS

- Morning:** Get hands-on with local community projects — from building chicken coops to improving school facilities.
- Afternoon:** Continue project work alongside community members, followed by a chance to hangout with local kids and play sport or games
- Evening:** Reflect on the day's work and enjoy dinner at camp.



DAY 4: ANGKOR WAT & SIEM REAP

- **Morning:** Travel back to Siem Reap for a guided visit to the world-famous Angkor Wat temples.
- **Afternoon:** Explore the temple complex and learn about Cambodia's ancient history.
- **Evening:** Enjoy dinner in the city, then visit the Siem Reap night markets for souvenirs.



DAY 5: ELEPHANTS & CIRCUS

- **Morning:** Visit the Kulen Forest Elephant Sanctuary, learn about their program and watch the elephants enjoying their retirement.
- **Afternoon:** Free time to explore more of Siem Reap.
- **Evening:** Dinner in town followed by the Phare Circus – a spectacular show highlighting Cambodia's culture and history.



DAY 6: KULEN NATIONAL PARK & CAMP

- **Morning:** Depart Siem Reap for Kulen National Park and hike through jungle trails past ancient temples and sacred sites.
- **Afternoon:** Capture a photo at the Kulen Waterfall, then travel to Camp Beng Pae (approx. 3 hrs), settle in, and explore the village.
- **Evening:** Team briefing and relax at camp



DAY 7 & 8: COMMUNITY PROJECTS

- **Morning:** Work on vital community projects such as building wells or constructing toilets.
- **Afternoon:** Continue project work and get the chance to teach English alongside our teacher to local children after their normal school hours.
- **Evening:** Team activities and downtime at camp.



DAY 9: PHNOM PENH EXPLORATION

- Morning:** Depart Beng Pae and travel to Phnom Penh.
- Afternoon:** Explore the Russian Market and visit Wat Phnom temple.
- Evening:** Enjoy dinner in the capital and relax at your hotel.



DAY 10: HISTORY & REFLECTION

- Morning:** Visit the Royal Palace and learn about Cambodia's modern history.
- Afternoon:** Explore the S21 Museum and Killing Fields to understand the Khmer Rouge era.
- Evening:** Group reflection and farewell dinner.



DAY 11: DEPARTURE

- Morning:** Free morning for a sleep in or a chance to do some last minute shopping at the local markets.
- Afternoon:** Check out of the hotel and transfer to the airport for your flight home.
- Evening:** Fly back home

Experience ancient and more recent tragic history of Cambodia while helping local communities with much needed projects - an expedition that truly makes a difference.



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